

Young Living Suggested Product Claims

We know you love sharing Young Living with family, friends, and acquaintances. But what can...and can't...you say about our products? We want to give you every possible resources to share the amazing benefits of our products and grow your business. The following bullet points are suggested product claims and tips that you may use for some of our best...loved essential oils and blends. The text underneath the bullet points restates the most important information in paragraph format.



Aroma Ease



Aromatic/Topical

Contains: Peppermint, Spearmint, Ginger, Cardamom, Fennel

- Has a clean, nurturing aroma
- Provides comforting aroma when applied to neck and chest
- Diffuse to create a calm and relaxing aromatic environment
- Aromatherapy practices include topical application to the solar plexus Vita Flex points

- Includes the naturally occurring constituents menthol, l-carvone, zingiberene, linalool, and ocimene.

A proprietary Young Living blend, AromaEase is formulated with oils that create a clean, nurturing aroma. Diffuse for a relaxing aromatic environment or a comforting influence when applied to the neck and chest.



Basil **Dietary**

- Supports health and wellness*
- Is a fresh and herby addition to salad dressing, sauces, and marinades
- Includes the naturally occurring constituents methylchavicol, linalool, and eucalyptol
- Included in Aroma Siez, Clarity, M-Grain, and as part of the Raindrop Technique

Basil essential oil has a fresh and herbaceous taste that makes it a flavorful substitute for dried basil herb. Try adding it to savory salad dressings, marinades, and classic Italian recipes or take as a dietary supplement to support health and wellness.*



Cedarwood **Aromatic/topical**

- Has a woody, warm, balsamic aroma

- May be added to your favorite skin care products and applied topically
- Its powerful aroma creates a relaxing, calming, and comforting atmosphere when diffused.
- Its aroma allows you to enjoy the outdoors annoyance-free
- Massage into scalp for the appearance of healthy-looking hair

With a warm, balsamic aroma, Cedarwood essential oil can help create a calming and comforting atmosphere when diffused. Combine with Citronella, Lemongrass, Rosemary, Tea Tree, Clove or Myrtle and apply topically to enjoy the outdoors annoyance-free. Add Cedarwood essential oil to your favorite skin care products and apply topically or massage into the scalp for the appearance of healthy-looking hair.

Cedarwood is an important ingredient in Brain Power, Grounding, and Highest Potential essential oil blends and Cel-Lite Magic Massage Oil.



Cinnamon Bark **Dietary**

- Promotes a healthy immune response*
- Helps maintain a healthy lifestyle regimen*
- Cinnamon is a spice that has been used traditionally for thousands of years
- Provides a spicy and delicious addition when cooking or baking
- Includes the naturally occurring constituent cinnamaldehyde
- An important ingredient in many products, including Thieves, Abundance, and Inner Defense

With its sweet, spicy, warm flavor and aroma, Cinnamon Bark Essential oil can be used in many of the same recipes where its powdered counterpart is called for. Cinnamon Bark helps

promote a healthy immune response and fits any healthy lifestyle regimen.*



Citronella

Aromatic/Topical

- Has a refreshing and uplifting fragrance
- Diffuse indoors and outdoors to freshen and eliminate odors
- Includes the naturally occurring constituents geraniol, limonene, and geranyl acetate
- Included in Purification, RepelAroma (AnimalScents Kit), and AnimalScents Shampoo

For a refreshing, uplifting fragrance that eliminates odors, Citronella essential oils is ideal for diffusing indoors and outdoors to refresh the air.

Citronella is an important oil in Young Living products such as Purification oil blend, RepelAroma (found in our AnimalScents Kit), and AnimalScents Shampoo.



Citrus Fresh

Aromatic/Topical

Contains: Orange, Tangerine, Grapefruit, Lemon, Mandarin, Spearmint

- When diffused, it creates a clean, fresh scent in any environment.
- Add to YL lotions or Bath & Shower Gel Base to create

- an uplifting aromatic experience.
- Add to laundry for a revitalizing aroma.
- May be worn topically as a perfume or cologne to refresh and inspire
- Add to Thieves Household Cleaner to enhance the aroma.
- Includes the naturally occurring constituents of Limonene, beta-pinene, and linalol

Featuring the fresh, bright aromas of 5 citrus essential oils plus Spearmint, Citrus Fresh is perfect to wear as an inspiring personal fragrance or to diffuse and freshen any indoor environment. Add it to lotions or bath gel, or your favorite skin care products for an uplifting aromatic experience and to beautify the skin. Citrus Fresh includes the naturally occurring constituents limonene, beta-pinene, and linalool. Apply 2 drops on a wash cloth put in the dryer. Its like sunshine in a bottle. Possible sun/skin sensitivity



Clove

Dietary

- Promotes healthy immune response*
- May support overall wellness*
- Clove is a spice that has been used traditionally for thousands of years
- Provides a rich and spicy addition when cooking or baking
- Includes the naturally occurring constituent eugenol
- An important ingredient in many products, including Thieves, ImmuPower, Inner Defense, and Longevity

Clove essential oil is distilled from the same rich, spicy cloves that have been used in cooking and baking for thousands of years.

Clove essential oil promotes a healthy immune response and overall wellness, making it an important part of our Thieves, ImmuPower, Inner Defense, and Longevity formulas.*



Copaiba

Dietary

- Promotes wellness
- May be an important part of a daily health regiment*
- Mix with honey and warm water to create a tea
- Includes the naturally occurring constituents beta-caryophyllene and alpha-humulene

Copaiba essential oil has a pleasant, complex taste; and when taken internally, it promote wellness.* Take daily as a dietary supplement or combine with honey, dilute well with warm water, and gargle to enjoy Copaiba as an important part of a daily health regimen.



Deep Relief Roll-on

Aromatic/Topical

Contains: Peppermint, Idaho Balsam Fir, Clove, Vetiver, Wintergreen, Lemon, Helichrysum, Copaiba, Dorado Azul

- Use for massage after activity
- Inhale for an invigorating and energizing scent
- Keep on hand for use at the gym to apply during workout
- Blended with Peppermint, Deep Relief has a cooling sensation when applied to the skin

- Its aroma is relaxing and calming
- Apply to temples, forehead and back of neck
- Formulated with Peppermint, Wintergreen Copaiba, Helichrysum and other oils

Blended with Peppermint essential oil, Deep Relief creates a cooling sensation when applied topically, while its fresh aroma both invigorating and relaxing. Also formulated with Wintergreen, Copaiba, an Helichrysum essential oils, this blend is perfect to keep in our gym bag to use during a workout. Apply as desired to temples, forehead, and back of neck.



DiGize

Dietary

Contains: Tarragon, Ginger, Peppermint, Juniper, Fennel, Lemongrass, Anise, Patchouli

- Add to a gel capsule
- Add 2 drops DiGize and 1 drop Peppermint to water for a stimulating beverage
- The use of fennel dates back to the ancient Egyptians
- Use with every meal along with Essentialzymes-4 to support a wellness regimen*
- Use as a dietary supplement in water when traveling abroad
- Add 2-3 drops to honey for a tasty snack
- Includes the naturally occurring constituents of menthol, citrol, and zingiberene
- Up holds Young Living's Seed to Seal process
- DiGize is one of Young Living's unique and proprietary blends.

A unique and proprietary Young Living essential oil blend, DiGize combines Tarragon, Ginger, Peppermint, Juniper, Fennel, Lemongrass, Anise and Patchouli essential oils for a blend that can be taken daily with Essentialzymes-4 to support a wellness regimen.* Add 2 drops to a gel capsule and take as

a dietary supplement or combine with 1 drop Peppermint essential oil in a water for a pleasant, stimulating drink. When traveling aboard, you may also take DiGize as a dietary supplement in water.



*These statements have not been evaluated by the Food and Drug Administration. Young Living products are not intended to diagnose, cure, treat, or prevent any disease.



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